

FREE FALLS PREVENTION ASSESSMENT

We are offering a **FREE** FALLS RISK ASSESSMENT

WHO IS ELIGIBLE?

- All 65+ year olds living independently (or anyone you feel would benefit from an assessment)

WHAT DOES IT INVOLVE?

- A 30-40 minute appointment with one of our expert physiotherapists at any of our 14 Auckland locations
- Our physiotherapists will ask a few standard questions and take them through a simple evidence based strength and balance tests

WHAT DO YOU AND YOUR PATIENT GET OUT OF IT?

- An increased knowledge on the risk of falls for your patient
- A comprehensive assessment report for yourself and your patient
- Referral to appropriate strength and balance focussed programmes (note; they will also have options to do a managed programme)

HOW TO MAKE AN APPOINTMENT

- Visit our website or check out our Facebook Page for clinic details or call our Head Office - 575 4648 for further information

